Participating in the interscholastic athletic program at Brattleboro Union High School is an important and essential part of our total school program which strives to enhance the educational experiences of our students; support the BUHS core values of Responsibility, Respect, Relevance and Community; contribute to the physical, emotional and social development of our student athletes; and provide an opportunity for learning experiences that will help prepare our student-athletes for life after graduation.

**State and League Affiliations**

BUHS is a member school of the Vermont Principals Association (VPA) and competes in the Marble Valley League (cross country, field hockey, soccer, basketball, nordic skiing, baseball, softball, lacrosse, and tennis), the Vermont Interscholastic Football League (football), the Vermont Hockey league (ice hockey) and the Connecticut Valley Conference (cross country and track & field). BUHS agrees to conform to all of the rules and regulations adopted by these various leagues, and honor any scheduling commitments.

All BUHS athletic teams are eligible to compete in the VPA sponsored state tournaments that are open to the top 16 teams in each division (as determined by the VPA) except for football which is open to the top 8 teams. BUHS competes in the Division 1 tournament for all sports except field hockey and ice hockey (both sports will compete in Division 2).

**Sports/Teams offered at BUHS**

<table>
<thead>
<tr>
<th>Fall</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys &amp; Girls Cross Country</td>
</tr>
<tr>
<td>Field Hockey (JV &amp; Varsity teams)</td>
</tr>
<tr>
<td>Football (JV &amp; Varsity teams)</td>
</tr>
<tr>
<td>Boys Soccer (JV-B, JV &amp; Varsity teams)</td>
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<tr>
<td>Girls Soccer (JV-B, JV &amp; Varsity teams)</td>
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<table>
<thead>
<tr>
<th>Winter</th>
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</thead>
<tbody>
<tr>
<td>Bowling</td>
</tr>
<tr>
<td>Boys Basketball (JV &amp; Varsity)</td>
</tr>
<tr>
<td>Girls Basketball (JV &amp; Varsity)</td>
</tr>
<tr>
<td>Boys Ice Hockey</td>
</tr>
<tr>
<td>Girls Ice Hockey</td>
</tr>
<tr>
<td>Boys &amp; Girls Nordic Skiing</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Spring</th>
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<tbody>
<tr>
<td>Baseball (JV &amp; Varsity)</td>
</tr>
<tr>
<td>Softball (JV &amp; Varsity)</td>
</tr>
<tr>
<td>Boys Lacrosse (JV &amp; Varsity)</td>
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<tr>
<td>Girls Lacrosse (JV &amp; Varsity)</td>
</tr>
<tr>
<td>Boys Tennis</td>
</tr>
<tr>
<td>Girls Tennis</td>
</tr>
<tr>
<td>Boys &amp; Girls Track &amp; Field</td>
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<tr>
<td>Unified Basketball</td>
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</tbody>
</table>
### Important 2017-2018 Athletic Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 14</td>
<td>Football begins!</td>
</tr>
<tr>
<td>August 17-21</td>
<td>All other Fall sports can begin!</td>
</tr>
<tr>
<td>August 26</td>
<td>SAT Testing Date</td>
</tr>
<tr>
<td>August 29</td>
<td>Student school year begins</td>
</tr>
<tr>
<td>September 9</td>
<td>ACT Testing Date</td>
</tr>
<tr>
<td>October 7</td>
<td>SAT Testing Date</td>
</tr>
<tr>
<td>October 24/25</td>
<td>Play downs (Field Hockey &amp; Soccer)</td>
</tr>
<tr>
<td>October 27/28</td>
<td>Quarterfinals (Field Hockey &amp; Football &amp; Soccer)</td>
</tr>
<tr>
<td>October 28</td>
<td>State Finals (Cross Country) (ACT Testing Date)</td>
</tr>
<tr>
<td>October 31/1</td>
<td>Semi-Finals (Field Hockey &amp; Soccer)</td>
</tr>
<tr>
<td>November 3/4</td>
<td>Semi-Finals (Football)</td>
</tr>
<tr>
<td>November 4</td>
<td>State Finals (Field Hockey &amp; Soccer) (SAT Testing Date)</td>
</tr>
<tr>
<td>November 11</td>
<td>State Finals (Football)</td>
</tr>
<tr>
<td>November 27</td>
<td>Winter Sports Begin!</td>
</tr>
<tr>
<td>December 2</td>
<td>SAT Testing Date</td>
</tr>
<tr>
<td>December 9</td>
<td>ACT Testing Date</td>
</tr>
<tr>
<td>December 22-29</td>
<td>December Recess</td>
</tr>
<tr>
<td>February 10</td>
<td>ACT Testing Date</td>
</tr>
<tr>
<td>February 19-23</td>
<td>Winter Recess</td>
</tr>
<tr>
<td>February 27/28</td>
<td>Play downs (Ice Hockey &amp; Girls Basketball)</td>
</tr>
<tr>
<td>March 2/3</td>
<td>Quarterfinals (Ice Hockey &amp; Girls Basketball) State Finals (Bowling- 3rd)</td>
</tr>
<tr>
<td>March 5-8</td>
<td>Semi-Finals (Girls Basketball)</td>
</tr>
<tr>
<td>March 6/7</td>
<td>Play downs (Boys Basketball) Semi-Finals (Ice Hockey)</td>
</tr>
<tr>
<td>March 9/10</td>
<td>Quarterfinals (Boys Basketball) State Finals (Girls Basketball)</td>
</tr>
<tr>
<td>March 10</td>
<td>SAT Testing Date</td>
</tr>
<tr>
<td>March 12</td>
<td>Baseball Pitchers &amp; Catchers Week</td>
</tr>
<tr>
<td>March 12-15</td>
<td>Semi-Finals (Boys Basketball)</td>
</tr>
<tr>
<td>March 13</td>
<td>State Finals (Boys Ice Hockey)</td>
</tr>
<tr>
<td>March 14</td>
<td>State Finals (Girls Ice Hockey)</td>
</tr>
<tr>
<td>March 16/17</td>
<td>State Finals (Boys Basketball)</td>
</tr>
<tr>
<td>March 19</td>
<td>Spring Sports Begin!</td>
</tr>
<tr>
<td>April 14</td>
<td>ACT Testing Date</td>
</tr>
<tr>
<td>April 16-20</td>
<td>Spring Recess</td>
</tr>
<tr>
<td>May 5</td>
<td>SAT Testing Date</td>
</tr>
<tr>
<td>May 29/30</td>
<td>Play downs (Baseball &amp; Softball &amp; Lacrosse &amp; Tennis)</td>
</tr>
<tr>
<td>June 1/2</td>
<td>Quarterfinals (Baseball &amp; Softball &amp; Lacrosse &amp; Tennis)</td>
</tr>
<tr>
<td>June 2</td>
<td>State Finals (Track &amp; Field) (SAT Testing Date)</td>
</tr>
<tr>
<td>June 4/5</td>
<td>Semi-Finals (Baseball &amp; Softball &amp; Lacrosse)</td>
</tr>
<tr>
<td>June 5/6</td>
<td>Semi-Finals (Tennis)</td>
</tr>
<tr>
<td>June 7-9</td>
<td>State Finals (Baseball &amp; Softball &amp; Lacrosse &amp; Tennis)</td>
</tr>
<tr>
<td>June 10</td>
<td>ACT Testing Date</td>
</tr>
</tbody>
</table>

**NOTE:** Because of the short seasons, regular and playoff games will be scheduled during school vacations. Also, schedules are subject to change due to weather or scheduling conflicts.
Pre-Participation Registration

Fall practice information can be found on our athletic website (http://www.buhs.k12.vt.us/sports)

Beginning with the 2017 school year, before a student can participate in athletics, registration must be completed online through Form Releaf. The link to register will be available after July 7 for the upcoming fall season. The Athletic Department will process all information on the “Purple List” of all students that are eligible to practice and/or tryout. Students may not participate in any athletic activity until their name appears on each season’s “Purple List”.

The following pre-participation requirements will be necessary:

Well Child Examination & Sports Participation Clearance Form- BUHS requires the “Well Exam”. Unlike a sports physical, the “Well Exam” is a comprehensive exam that includes a thorough review of a student's medical history, a physical exam, developmental screenings, and age-appropriate wellness education. This exam is a complete, research-based, specific type of exam and best practice standards for the sports component of the Well Exam were developed by the American Academy of Pediatrics Council on Sports Medicine and Fitness, endorsed for use by the Vermont Principals Association.

Insurance- All participants in the athletic program are required to furnish proof of accident/health insurance before participation. BUHS does not purchase insurance for its student-athletes, but if the student is not covered under a family policy, student insurance can be purchased through Commercial Traveler’s Mutual Insurance with forms available in the school’s main office.

Athletic Code of Conduct and Participation Contract- All participants and parents must sign the Code of Conduct/Consent Form signifying that they understand the Inherent Risk involved in participating in athletics, understand the signs, symptoms, risks and return to play protocol for a concussion, and accept responsibility for and pledge to abide by the BUHS rules and regulations.

VPA Rules governing Eligibility

As a member of the VPA, BUHS also requires its student-athletes to conform to rules and regulations adopted by the VPA. These eligibility rules apply to all students in grades 9-12 and all athletic activities. Some of these regulations include:

- Participation on BUHS teams is limited to enrolled BUHS students and qualified home study students who meet the school’s prescribed academic and eligibility rules.
- Students may only compete on school teams sponsored by their own school during the season, and may only compete for the one school in which he or she is officially enrolled.
- Participants must be under 19 years of age, except that a student, whose 19th birthday occurs on or after August 1st, is eligible for all activities in the ensuing school year.
- Students are ineligible if they have graduated from any course of study in a secondary school comparable to the Vermont system.
- Students have four consecutive years (8 semesters) of eligibility. Attendance of 30 days of any semester will be regarded as a semester. No student may participate in the same sport for more than four seasons.
- Transfer students are eligible at once, provided they were bona fide students in the school from which they transferred and there is a bona fide change in residence. If there is no bona fide change in residence, other restrictions apply.
- For a complete list of VPA rules and regulations, visit (www.vpaonline.org)
Non School Competition Rules (Loyalty Clause)

A member of a school team is a student-athlete who is regularly present for, and actively participates in ALL team try-outs, practices and competitions. Bona fide members of a school team are prevented from missing a high school practice or competition to compete with an out-of-school team, practice or competition to include tournaments, showcases, combines or other athletic events.

When a conflict arises between the high school team practice/competition and an out-of-school practice/competition on the same day, the high school practice/competition shall be honored by the student athlete. Priority MUST be given at all times to the high school team, its practices, and its contests unless permission has been granted by the school. It is expressly understood that permission shall not be granted on a regular bases and shall only be granted in extraordinary circumstances.

Harassment, Hazing, and Bullying

Harassment, hazing and bullying are prohibited by state law and will not be tolerated at BUHS.

- Harassment is defined as an incident or incidents of verbal, written, visual or physical conduct based on or motivated by a student’s, or a student’s family member’s actual or perceived race, creed, color, national origin, marital status, sex, sexual orientation, gender identity or disability that has the purpose or effect of objectively and substantially undermining and detracting from or interfering with a student's educational performance or access to school resources or creating an objectively intimidating, hostile or offensive environment.
- Hazing is defined by the state to mean “any act committed by a person, whether individually or in concert with others, against a student in connection with pledging, being initiated into, affiliating with, holding office in, or maintaining membership in any organization which is affiliated with an educational institution; and which is intended to have the effect of, humiliating, intimidating, or demeaning the student or endangering the mental or physical health of a student. Hazing also includes soliciting, directing, aiding, or otherwise participating actively or passively in the above acts. Hazing may occur on or off the campus of an educational institution.”
- Bullying is any overt act or combination of acts directed against a student by another student or group of students and which is repeated over time; is intended to ridicule, humiliate, or intimidate the student.

Students who experience harassment, hazing or bullying that affects our school community are encouraged to report it to any adult member of the staff or directly to the Principal or an Assistant Principal. It is mandatory for school personnel to report anything they witness or to pass on any report they receive to the administration. Any retaliation against a victim who reports harassment, hazing or bullying will be considered very serious and dealt with accordingly. All reports of harassment, hazing and bullying are investigated.

General Conduct Policy

Student-athletes are subject to school rules and regulations governing student behavior as cited in the BUHS Student Handbook. Violations of school rules resulting in suspension from school will automatically preclude student involvement in athletic activities for the length of the suspension.

The general conduct of a student-athlete in and out of school, and in or out of competition, shall be as such as to bring no discredit to the student or the school. Student-Athletes, who engage in inappropriate behaviors, demonstrate poor sportsmanship at games; violate school rules and policies or commit criminal offenses may be suspended from athletic participation for an indefinite period of time.
Chemical Health/Alcohol/Drugs/Tobacco Policy

BUHS maintains that the possession and/or use of illicit drugs and unlawful possession and/or use of alcohol and tobacco by minors is illegal and physically and/or emotionally harmful to our students. The expectation is that students and parents, when they sign the consent form to become part of a sport or activity, recognize the importance of their commitment. Our intent is to promote a healthy lifestyle and positive decision making. When students do violate our rules, they learn a difficult but valuable lesson about the consequences of making poor choices through the firm and consistent enforcement of our policy.

RULE PARAMETERS

- When a student participates in his/her initial team activity at BUHS, then that student is bound by this policy for the remainder of his/her high school years. This policy is in effect at any location, from the first day of school of any given academic year to the conclusion of the academic year (graduation).

  *If a student participates in a fall sport, the policy will go into effect on the date of the first official team practice (not the first school day). If a student participates in a spring sport, this policy will be in effect until the conclusion of the academic year or final athletic event (whichever is latest).

- This policy states that a student-athlete shall not, regardless of the quantity, use, consume, possess, buy/sell, or give away any beverage containing alcohol; any tobacco product (including e-cigarettes, VAPE pens and all similar devices); marijuana (including synthetic); steroids or other illegal performance enhancing drug; any controlled substance (including non-prescribed prescription drugs); or any paraphernalia associated with the above. This policy includes products such as “non-alcoholic or near beer”.

- This policy is not intended to render “guilt by association”, e.g. many students might be present at a party where only a few violate this standard. However, students-athletes should be aware that if they are part of a group that is engaged in activities contrary to this policy, they may be subject to investigation if that is deemed appropriate by the Administration.

- If a student in violation of this policy is unable to compete in interscholastic sports due to injury, academics, or other current suspension, the penalty will not take effect until that student is able to compete again.

- Penalties shall be cumulative each academic school year, but serving the penalty could carry over to another year. Or, if the penalty period is not completed during the season of violation, the penalty shall carry over to the student’s next season of actual participation, which may affect the eligibility status of the student during the next academic year. If a student is not an athletic participant for one full year after affirmation of a violation, then the penalty period would close and the student would face no consequence.

- First policy violation: When the Principal confirms that a first violation has occurred, the student will be suspended from interscholastic play for the equivalent of 15% of regular season contests scheduled for that season or two (2) games, whichever is greater. All fractional parts of an event will be dropped when calculating this penalty. The student will maintain his/her status on the team by attending and participating in all team events but may not be in uniform during competition.
In order to provide assistance and education to students guilty of a violation, students will contact and meet with our school Student Assistance Program (SAP) Counselor for assessment and/or referral purposes (at the family’s expense). Evidence of an appointment for any referred services must be provided to the SAP before the student-athlete can return to play. We hope that by requiring students to use these resources it will help turn a difficult experience into one that can promote learning and help avoid future problems.

- Second policy violation: The consequences for a second policy violation are the same as a first violation except that the student will be suspended from interscholastic play for the equivalent of 50% of regular season contests scheduled for that season, effective immediately after the violation is confirmed.

- Third policy violation: When the Principal confirms that a third violation has occurred, the student shall lose eligibility and be excluded from the interscholastic athletic program for one calendar year. If the calendar year ends midway through a sports season, the student shall be permitted to try out for the team, and if he/she earns a roster spot on the team, practice with that team until the date on which he/she can return to competition.

* A student can reduce the length of suspension for a third violation by choosing to enter a school-approved substance abuse education program or professional treatment program (at the family’s expense) and satisfactorily completing the required program. The school’s Student Assistance Program Counselor will help coordinate these efforts, monitor progress and will notify the Principal upon completion, at which point the student will be allowed to re-enter the athletic program at the beginning of the next full season.

- Prior to or independent of a policy violation, a student’s request for and enrollment in a substance abuse education or treatment program shall not in and of itself constitute a violation of the policy.

- Any student, who violates this policy while serving as a team captain, will have that captaincy revoked. Furthermore, they will be ineligible to be a team captain during their next season of participation. A non-captain who violates this policy will be ineligible to be a captain during their next two seasons of participation.

- Any senior who violates this policy will be ineligible for the Diedrich Stolte Memorial Cup, Arthur J. Monroe Cup, and Principal’s Award along with any team specific awards.

**Performance-Enhancing Supplements**

Healthy student-athletes do not need supplements. Our students are encouraged to maintain a healthy diet, lifestyle, and exercise regimen in order to optimize performance. Use of illegal performance enhancing substances such as anabolic steroids, diuretics, HGH, etc. is now included in our chemical policy. There are many other commercially available products (such as creatine and other nutritional supplements) marketed for the purpose of enhancing athletic performance. We advise against use of these products – studies on their long-term affects are incomplete, and they may be detrimental to the health and performance of young student-athletes. And, they can be dangerous when used inappropriately. Our athletic training staff is knowledgeable about the use and dangers of these products and they are available to answer questions from students and parents.

**Coach’s Statement**

Each sport or team is unique unto itself. It is appropriate for the individual coaches to determine and set team guidelines for participation on teams and in athletic contests. These guidelines will be made known to the student-athletes prior to the start of practice for the season, and may not be contrary to the established policy. There are reviewable by the Director of Athletics.
Cyber images and Appropriate Use of Technology

BUHS recognizes that its students have an interest in using social media. However, as representatives of BUHS, student-athletes are expected to portray themselves, their team, and the high school in a positive manner at all times. Social network sites are NOT a place where you can say and do whatever you want without repercussions. What you post is public information and it should be assumed that anything posted could be read by BUHS staff, teammates, classmates, opposing teams, family, media, college admissions, and current or future employers or coaches. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information. Similar to comments made in person, BUHS will not tolerate disrespectful or inappropriate language, pictures, videos or comments; content depicting inappropriate or illegal activities; or any information violating the BUHS code of conduct.

Academic Eligibility

Brattleboro Union High School recognizes and promotes the priority of academics within our athletic programs. Coaches support this position, and will make every effort to accommodate students’ needs as they balance academics with athletic activities.

It is essential that students and parents understand the following academic eligibility regulations:

- Any BUHS student who wishes to participate in interscholastic athletics must be enrolled as a full-time student. Students in grades 9-11 must be scheduled in four blocks of classes earning a minimum of 12 credits. Seniors must be scheduled in three blocks of classes earning a minimum of 10 credits.

- At the beginning of each school year, incoming 9th grade students will be academically eligible to fully participate in athletics. Students in grades 10-12 who had one or more failing grades in their previous semester will be considered academically eligible to fully participate in athletics until the third Friday of the new school year. If they are passing ALL of their courses AND have HOW scores of 2.0 or higher in ALL of their classes, they will remain eligible until the first school-wide check. If they are failing one or more courses, or do not have HOW scores of 2.0, they will be ineligible until the next school-wide check (five weeks into the school year).

- During the school year, grades will be checked midway through each quarter (progress reports) and at the end of each quarter. Students who are passing ALL of their classes AND have Habit of Work (HOW) scores of 2.0 or higher in ALL of their classes may fully participate in athletics without restrictions.

- Students who do not meet this standard will be notified that they are ineligible for interscholastic athletic competition and will enter a probationary period. During this probationary period, students will be allowed to practice with their team, but may not dress for or participate in competition and will not be eligible for early dismissal from school for team travel purposes.

- Students will remain on probation for a minimum period of one week. At the end of one full week, if the student is passing all classes with HOW scores of 2.0 in all classes, the student will regain full eligibility. If the student has not yet met the academic standards, he or she will remain on probation for another week, and if necessary, subsequent weeks, until meeting the academic standards.

- Once a student regains their academic eligibility, they will still continue to have their grades checked on a weekly basis for the remainder of the grading term. If the student does not maintain the academic standard, the student will be placed back on probation.
**Academic Obligations**

- Students who participate in athletics at BUHS have the same academic obligations as other students. They should never use their participation as an athlete to shirk academic responsibilities.

- To participate in an athletic event, students must attend a full day of classes or have a documented excuse approved by the administration prior to the event.

- If a student is absent due to sickness or has an undocumented or unapproved absence the day of a practice or game, they will not be allowed to participate that day.

**Missing Class Time**

BUHS strongly encourages our students to take advantage of the numerous extracurricular opportunities that exist but being a part of a team does carry responsibility. Since the primary purpose of attending classes at BUHS is to prepare for life after high school, students who take part in sports must accept a higher level of responsibility for completing school work and remaining current in all work.

Success in high school requires consistent attendance. Classroom instruction, lab activities and guided practice provide the foundation for learning during the semester. Frequent absences are likely to have an adverse effect on learning, so it is very important to be proactive and make choices that support your academic success. Plan ahead and let your teachers know when you’ll be missing at the start of the week. Use ACE period when you can. If something will take longer than ACE, schedule time after school with your teacher and let the coach know you’ll be late. Also, know what’s coming up. Many teachers publish agendas and assignments a week or more in advance. Check these out; you might be able to get a jump on assignments.

**Missed Class Time Policy**

Any procedure regarding eligibility is predicated on the assumption that teachers, students, coaches and parents are having ongoing conversations about grades. This applies in particular to students who are struggling academically or whose grades have shown a recent decline. Our coaches are an invaluable resource and can provide effective motivation and support for student-athletes. All of our coaches understand that academic success is the first priority for their student-athletes.

Teachers are required to contact coaches of students with grades below 70% and will routinely communicate about student progress as needed.

Students who are failing a class are not permitted to leave that class for a game. The following protocol will be used to notify students if they are ineligible to leave class:

1. Each Wednesday, the administrative assistant for the Athletic Director will send to teachers the schedule of games for the following week.

2. Teachers will check that list by the end of the school day on Thursday and will email the coach and the Athletic Director the names of students who are currently failing the class and also inform the student verbally that their grade does not permit them to leave class. Best practice would indicate that this conversation happens before the end of the school day on Friday, preceding the next week.

3. The student may submit work and the teacher may permit a student to leave class if his or her grade improves to passing. This passing grade must be entered in the grade book 24 hours in advance of the anticipated missed class. Teachers are not expected to grade work submitted less than 48 hours before the requested absence.
Use of Student-Athlete Photographs and Information

Under the Family Educational Rights and Privacy Act (FERPA) the BUHS Athletic Department may disclose, without consent, “directory” information such as a student’s name, address, telephone number, date and place of birth, honors and awards and dates of attendance. However, we allow parents, guardians and eligible students a reasonable amount of time to request that the school not disclose this directory information.

Please contact the Athletic Director if you do not want this information disclosed or do not want your student-athletes roster information (including team or sports action photos) on rosters, websites or other sports information media.

Sportsmanship

BUHS asks our student-athletes to meet the responsibility of being a good team member and to demonstrate good sportsmanship by developing self-discipline and a respect for teammates and others; embracing the spirit of hard work, honesty, dependability and competition; and accepting victory with grace and defeat with dignity. The conduct of a student-athlete, both on and off the field, is a reflection of BUHS and contributes greatly to school spirit and community pride.

BUHS promotes good sportsmanship amongst student-athletes and fans. We encourage students, parents and friends to attend games and support our teams, but we ask you to do so in a positive manner, directing all energies to encouraging your team and appreciating good plays by all. High School students and adults should set a good example in the matter of sportsmanship and should quickly condemn unsportsmanlike conduct on the part of others. Inappropriate language or gestures that are vulgar, demeaning, hurtful, derisive or not in the school or athletic program’s best interests towards game or school officials, coaches, players, opponents, or officials will not be tolerated. Contests can get emotional, and a poor call, a costly mistake, or a loss can be difficult but please keep high school sports in perspective and help make the experience positive for everyone involved. Let the Players Play, The Coaches Coach, and the Officials Officiate!

VPA Ejection Policy

A full explanation of these rules is found in Article IV, Section I, General Rules of the VPA Bylaws & Policies.

A player or coach who is ejected from a game for the following infractions which are behavioral in nature shall be suspended from playing or coaching the next two contests [one contest for football and skiing ]:

A) Unsportsmanlike conduct; B) Malicious contact, includes fighting; and C) Taunting

The player[s] or coach[s] may not participate at any other school level in the sport they were ejected from during the suspension. All other non-behavioral ejections shall carry the penalty assessed by the rules which govern that sport.

If a varsity high school team receives more than two ejections or disqualifications (of athletes or coaches) during the course of a sports season, the coach, Athletic Director and/or Principal of the school must meet with the Activities Standards Committee before the school will be admitted to or allowed to continue in the VPA post-season tournament. This meeting will occur in all situations regardless of a team's standing in the regular season or tournament. The intent of this meeting is to discuss the situations that occurred and the steps being taken to address the situation. Failure to meet with this committee would result in the school/team being ineligible to participate in the VPA Tournament.
**Taunting/Harassment**

Taunting is considered any action(s) or comment(s) by coaches, players or spectators which are intended to bait, anger, embarrass, ridicule or demean others, whether or not the deeds or words are vulgar or racist. Included is contact that berates, needles, intimidates or threatens based on race, gender, ethnic origin or background, and conduct that attacks religious beliefs, size, economic status, speech, family, special needs or personal matters.

Taunting in all sports is a flagrant unsportsmanlike foul that will result in a game ejection as outlined in the student/coach ejection policy.

**Assault upon Officials by Students**

Any member of the team who intentionally strikes, shoves, kicks, or makes other aggressive physical contact with an official before, during, or after an interscholastic contest, shall be disqualified immediately and may be ineligible to participate in all sports for up to one full calendar year. A student who is disqualified under this provision shall not play in any contest, pending a hearing before the Activities Standards Committee. The Activities Standards Committee shall determine the length of the suspension, giving due consideration to all relevant factors, including the seriousness of the offense. NOTE: Member of the team includes player, manager, score keepers, timers, and statisticians.

**Team Selection**

Having our students involved in athletics is important and every attempt will be made to involve as many students as possible, but the number of interested students may exceed our ability to safely and effectively accommodate them; thus a selection process may be necessary. Time, space, facilities, resources, equipment, coaching preference, and other factors may place limitations on maximum team size.

Before deciding to try out for a team at BUHS, students should be prepared to accept the possibility that they may not be selected. It is recognized that “cutting” a student is a difficult thing for all parties involved, and while sometimes necessary, cutting students from a team will be considered very thoughtfully and thoroughly before being carried out.

In the case where cuts must be made, it is the responsibility of the coach to establish a plan for selecting those team members who will make the greatest contribution to the team. Such plans will include an equal opportunity for all eligible candidates, method and criteria of selection, length of the tryout period, the number of players that will be kept and the procedure for notifying students. Criteria could include but not be limited to the student’s athletic and skill ability, their potential, their attitude and ability to be coached, the number of available positions on the team (and at what position), the amount of practice or game time available for each participant, and the grade level of the candidate. Prior to final selection of any particular team the coach, who is immediately responsible for the selection of the team, will confer with the Head Coach of the program. After the tryout period, the students being cut will be informed personally and privately of the decision by the coach and never via lists, students or similar impersonal manners.

No candidate is guaranteed a roster spot and under no circumstances will off-season participation be considered in the process. In the case of injury, or some other extenuating reasons preventing a student from trying out for a team, alternative solutions will be considered.

**Dropping or Transferring Sports**

In the event a student decides not to continue with a team or sport once the season begins, it is expected that the student meet with the coach and immediately return all equipment. Students who do not complete a full season will be ineligible for any team recognition.
Change in Sport and Two-Sport Policy

Except in isolated and unusual cases, students WILL NOT be permitted to change sports during the season, or to participate in more than one sport in the same season. Students should make every effort to honor their initial commitment to any sport. Exceptions must be discussed in advance with, and receive the approval of, the head coach of both sports and the Athletic Director.

Captains

Captains may be elected by teammates or appointed by the coach, at the discretion of the coach. Captains and co-captains play an essential role in the leadership of the team; serve as a liaison between the coaching staff and team; help provide team spirit; model good sportsmanship; are outstanding role models for other team members on and off the playing field; won’t condone or be a part of inappropriate initiation activities and will foster a positive team-building environment.

Playing Time

The Varsity teams at BUHS play at a level that is highly competitive and participation at this level requires a significant amount of effort, dedication, discipline and time. At the varsity level, the primary objective is to refine the skill development of the student-athlete with a greater emphasis placed on competition and the performance of the team, with individual goals taking a back seat to team accomplishments. Being on a varsity team is in itself a major accomplishment and does not happen without hard work and dedication. Those with the most skills and leadership abilities will often see the most playing time but others, who might not see as much playing time, will still have a key role to play in team development. When it is beneficial for the team, participants should have a reasonable expectation to compete, with coaches having the ultimate authority to decide what level of participation benefits the team.

The purpose of Junior Varsity competition at BUHS is to provide a developmental and competitive environment for those student-athletes who were not selected for the varsity team and will provide the student-athlete the opportunity to gain valuable experience, knowledge and skill required for varsity competition. It is expected that all participants will be given appropriate and quality playing time over the course of a season, but not necessarily game to game, provided the participant is meeting all team expectations. Seniors are not eligible to compete on teams at this level.

Freshman or JV-B teams will allow participants the valuable opportunity of playing time and exposure to the expectations of the high school program. The goal of the freshman or JV-B program is to allow as many playing opportunities as reasonably possible.

At all levels, students and parents must understand that playing time is not guaranteed, coaches’ decisions around playing time are difficult, and interscholastic sports are competitive. Regardless of playing time, every member of our teams is important and has the opportunity to help his or her team while having an enjoyable experience. We encourage all students to maintain a positive, team-first attitude, work hard to improve, and to always do their best. We ask parents to help their kids learn that playing time is not the most important aspect of their high school sports experience. Parents are encouraged, regardless of how much their son/daughter plays, to stay positive with their kids, their teammates, and their coaches.

Students who have questions about their playing time should address them directly to the coach.
**Scheduling of Competition**

The VPA determines the minimum and maximum number of games a school can play in a season. For varsity sports, The VIFL and VHL establish league schedules in football and ice hockey, while the Marble Valley League assigns the varsity league schedule for our MVL sports. A small number of games are not assigned and BUHS will schedule non-league games to complete varsity schedules. Factors to be considered when scheduling non-league games includes coaches preference, the level of competition, travel distance and cost, the availability of facilities and/or officials, and will best prepare a team to pursue season-long and program goals. Once varsity schedules are set, BUHS will schedule non-league games for all other sub-varsity sports as available dates, facilities, transportation and other school schedules allow. On the sub-varsity level, more consideration is placed on travel costs and distances than on the level of competition.

**Schedules**

Further, the BUHS athletic game schedule can be found online at digitalsports.com, specifically at [http://47005.digitalsports.com](http://47005.digitalsports.com) or through our school website at [http://buhs.wsesu.org](http://buhs.wsesu.org).

**Activity Appropriate Dress**

Players and coaches associated with our athletic teams must comply with our school dress code. It is not acceptable for athletes to wear any clothing in practice that would not be acceptable in competition. For example, girls may not wear Sport Bras without a top over them, and boys must always wear a T-shirt or singlet/tank top. This policy is in place to help ensure the dignity and rights of all persons.

**Practice**

Each coach will be responsible for conducting practices on a regularly scheduled basis with practices generally running from 90 minutes to 2 hours. Coaches are expected to provide practice schedules to participants well in advance but participants should be alert to the fact that as game schedules change, practice schedules will also have to change. Other than for extra help sessions or for religious reasons, coaches have the discretion on whether or not to excuse athletes from practices for other reasons.

Practice times and available practice slots will be based on facility use, scheduled games, personnel schedules and other factors. In general, when more than one team shares the same space (HS gym for example) we will alternate early and late times between boys and girls teams and try to have our freshman or JV-B teams use the earliest time slots available.

At times, our JV and Varsity teams will practice on Sundays, but will do so only when the practice is necessary or can be justified- for example, the team might have a Monday game or there might not be any available practice slots on another day later in the week.

Further, per the Vermont Principals Association: Participants must be allowed one day without any practice or game in each calendar week.; athletes must have seven days of rest between the start of one season and the end of the previous season; and an athlete must have ten days of practice before becoming actively involved in an interscholastic game. Scrimmages count as practice and double sessions count as two practices.
Missing Practice

One of the most important aspects of participation on a team is commitment. As such, we respectfully request that all student-athletes who choose to try out for our teams, along with their parents, be prepared to commit to the team for all practices and competitions for the duration of the season, including during school vacations. When parents and student-athletes choose to take family vacations during a sport season, it must be understood that the time missed by the student-athlete can affect team performance and chemistry. It is also stressed that the student-athlete and their families anticipate participation on a team, and attempt to schedule appointments such as routine medical care or college visits at a time which won’t interfere with a sports season in progress.

Missing practice due to academic make-up work or extra help is acceptable but student-athletes should understand the importance of budgeting their time as to not fall behind academically A student-athlete should always consult with their coach before missing practice and unexcused absences will not be tolerated. The interruption of practice and conditioning for any reason, could affect playing time, and /or participation on the team.

VPA Out of Season Coaching / Participation Rule

- There shall be absolutely no practice during the school year out-of-season period for a particular sport. Open gyms are allowed as long as an invitation is given to every student in the school and there is no instruction (coaching) of any kind.

Out-of-season should be defined as all days during the school year, except for the season of the sport in question (including the time between sport seasons during the school year). Practice should be defined as a formal meeting or direct instruction/training designed for the sport (this does not include organizational pre-season meetings).

- During the summer recess (defined as from the last day of school to 10 calendar days prior to the start of the fall season) all restrictions are rescinded.

- Exception to out-of-season coaching restriction include:

1. Students should have the opportunity to voluntarily participate in out-of-season scholastic competition that does not interfere with educational development. The choice to participate in such activities should be truly voluntary. There should be no pressure placed on student athletes. Student athletes should have the opportunity to pursue a variety of activities. Student athletes who pursue a variety of activities should be protected from an unfair competitive disadvantage against those who may concentrate in one particular sport. This rule is intended to balance these important interests.

2. A coach from a VPA member school may not coach athletes from his or her own high school or middle school program in the same sport out-of-season. The only exception to this restriction is the following: A coach from a VPA member school may instruct his or her child without any restriction.

3. Student participation in out-of-season/summer sports activities should be truly voluntary. No student should be pressured, either directly or indirectly, to participate in out-of-season/summer sports activities. Any coach, instructor, or administrator who directly or indirectly pressures a student athlete to participate in out-of-season/summer sports activities shall be subject to sanctions, including suspension from coaching in any VPA sanctioned activities.
Transportation

Students are expected to ride the bus to and from all events for which BUHS provides transportation. Exceptions must be requested by a parent directly to the coach, and must be approved by the coach. Students who do not ride the bus are expected to check in with the coach in person with the person providing transportation before leaving. Only a student’s parent(s) or guardian(s), or other reliable adult, may provide transportation, and under no circumstances will a student be permitted to ride with another student, or drive him or herself to any athletic event.

Note on transportation: BUHS does not own our own buses so all transportation is contracted out. When teams use coach buses it is generally because the size of their team plus equipment can’t fit on just one bus and one coach bus might cost less money than two school buses. Beyond a cost issue, we will use a coach bus to reduce the negative impact that a long trip might have on a school night, to cut the time needed to travel so students can remain in class longer, or to just ease the travel. Teams traveling further than 120 miles (roughly) will generally travel by a coach bus or van of varying size.

Equipment

Student-athletes will be held accountable for all equipment and uniforms issued and must return the equipment and uniforms promptly in good condition at the request of the coach. A student who does not meet his or her responsibility in this area will be denied awards and further participation in the athletic program and seniors will have their diploma withheld until full restitution is made at current replacement costs for said equipment.

School Property

The physical plant workers at every school work hard to maintain a clean, safe environment for all users of the building and facilities, and our student-athletes should respect these efforts. We ask our student-athletes and coaches to respect our school building, facilities, locker room and weight room areas and all equipment. This is also true when we are a guest at other schools.

Locker Room and Weight Room

The locker room is intended for team use only- both before and after practices. Students will not have access to the locker room or items in their sport locker during the school day. Coaches must be present in both the locker room and weight room in order for a team member to use the facility and one member from the coaching staff must be the last person to leave both rooms after use.

Personal Property

BUHS is not responsible for students’ personal property that is lost, stolen or damaged in association with participation in athletic activities. Student-athletes should leave all valuables at home; not in the locker room. Any items left in lockers past the final day of the school will be removed and discarded or donated to charity.

Certified Athletic Trainer

BUHS employs a Certified Athletic Trainer (ATC) whose services include, but are not limited to administering first aid, providing initial treatment and management of acute/chronic injuries, and assessing injuries at the request of the athlete, coach or the athlete’s parent/guardian. The ATC will perform only those procedures that are within her training and scope of professional practice based on Vermont and national legislation to prevent, treat and rehabilitate athletic injuries. The ATC is authorized to share information about injury assessments and post-injury status as needed and with team doctors, coaches, teachers, nurses the athletic director and the athlete’s physician.
Injuries

The fundamentals of playing sports safely will be taught and emphasized. No protective equipment can totally eliminate the inherent physical risks of playing sports, which may include serious brain and/or neck injuries including paralysis or death. Although the risk of serious injury is small, you need to be aware of the risk and stress the importance to your child of following and adhering to the techniques and direction of the coaches. BUHS employs a Certified Athletic Trainer (ATC) who is available to BUHS student-athletes to assist and/or advise in the care, prevention, treatment, referral and rehabilitation of injuries. All injuries occurring while participating in athletics must be reported to the coach and ATC. Students, who are treated by a physician, whether or not they are being treated by the ATC, must obtain written permission from the physician before returning to the activity. This permission must be delivered to the ATC.

Concussions

The Vermont Legislature and Department of Education have adopted legislation around the informing and management of concussions in schools. Below you will find links to attachments providing detailed information about concussions in sports, as well as guidelines for how we manage concussions within our athletics program. BUHS will be in full compliance with all aspects of the law. Our coaches meet NFHS and VPA guidelines, our athletic equipment - including helmets - meets all NOCSAE (National Operating Committee on Standards for Athletic Equipment) requirements, our athletic training staff receives the latest information and training, we provide coaches, parents and athletes with the necessary information, and we follow our Return to Play Guidelines that have been slightly modified by the policy adopted by the VPA. We do all that we can to provide a safe environment for our athletes. However, we cannot prevent concussions, and they remain a risk with participation in sports. We rely on student-athletes and their parents to communicate openly and honestly with our coaches and athletic trainers regarding concussion symptoms.

Concussion Action Plan

BUHS has developed this protocol to address the issue of the identification and management of concussions for students who participate in school sports. A safe return to activity protocol (learning and athletics) is important for all athletes following any injury, but it is essential after a concussion. The goal of this concussion protocol is to ensure that concussed athletes are identified, treated and referred appropriately for return to learn and return to play. Consistent use of a concussion management protocol will ensure that the athlete receives appropriate follow-up and/or academic accommodations in order to make certain that the athlete is fully recovered prior to returning to full athletic play. This protocol will be reviewed annually by the Certified Athletic Trainer (ATC), school nurses, and the athletic director.

It should be noted that all coaches are required to certify with concussion management training every two years and both parents and athletes must be educated about concussions annually (documented and tracked by the athletic director).
These signs and symptoms, following a witnessed or suspected blow to the head or body, are indicative of a probable concussion.

<table>
<thead>
<tr>
<th>Signs (observed by others)</th>
<th>Symptoms (reported by athlete)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Forgets plays</td>
<td>Headache</td>
</tr>
<tr>
<td>Appears dazed or stunned</td>
<td>Fatigue</td>
</tr>
<tr>
<td>Exhibits confusion</td>
<td>Nausea or vomiting</td>
</tr>
<tr>
<td>Unsure about game, score, opponent</td>
<td>Double vision, blurry vision</td>
</tr>
<tr>
<td>Moves clumsily (altered coordination)</td>
<td>Sensitive to light or noise</td>
</tr>
<tr>
<td>Balance problems</td>
<td>Feels sluggish</td>
</tr>
<tr>
<td>Personality change</td>
<td>Feels “foggy”</td>
</tr>
<tr>
<td>Responds slowly to questions</td>
<td>Ringing in the ears</td>
</tr>
<tr>
<td>Forgets events prior to hit</td>
<td>Problems concentrating</td>
</tr>
<tr>
<td>Forgets events after the hit</td>
<td>Problems remembering</td>
</tr>
<tr>
<td>Loss of consciousness (not required)</td>
<td></td>
</tr>
</tbody>
</table>

Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion must be removed from competition or practice and will not be allowed to train or compete until cleared by the school’s Certified Athletic Trainer (per Act 68, approved by the VT Legislature in 2013). Contracted school nurses, licensed health care providers and concussion certified coaches have been designated as individuals who can make the initial decision to remove an athlete from play but only the school’s Certified Athletic Trainer can clear the athlete for return to play. If an athlete suspects a teammate has a concussion, they are responsible for reporting the injury to the coach or ATC.

The decision to disqualify an athlete from further participation on the day of the concussive episode is based on the sideline evaluation, the symptoms the athlete is experiencing, the severity of the apparent symptoms, and the patient’s past history. Any episode involving loss of consciousness or persistent symptoms related to concussion, regardless of how mild and transient warrants disqualification for the remainder of that day’s activities. Athletes will be referred to the ER or physician on the day of injury if there is a loss of consciousness on the field, amnesia lasting longer than 15 minutes, vomiting, motor/sensory/balance/cranial nerve deficits subsequent to initial on-field assessment, post-concussion symptoms worsen or additional symptoms develop.

Every concussion is different. Signs, symptoms and recovery time may vary between different athletes, as well as variation in the same athlete if multiple concussions occur. Concussion signs and symptoms may be immediate or take up to a few days after the initial injury to show or to be reported by the student athlete and can last for hours, days, weeks or longer. **A repeat concussion is more likely if an athlete returns to play before symptoms resolve and in rare cases, repeat concussions can cause permanent brain damage or death.**

**In the immediate 24 hour period after an athlete has been diagnosed** the athlete should not take any pain medications (except for Tylenol) as they can mask the signs of a worsening condition and understand that rest is the best treatment for a concussion (no screen time, homework or studying during the 24-hour period). Uninterrupted sleep is extremely important but parents/guardians should check on the athlete a couple times throughout the night to ensure normal breathing and sleeping without waking them.
If the following danger signs become present: decreasing or loss of consciousness, decreasing or irregularity in respirations, decrease or irregularity in pulse, increase in blood pressure, unequal, dilated or nonreactive pupils, cranial nerve deficits, any signs or symptoms of associated injuries, spine or skull fracture, or bleeding, mental status changes: lethargy, confusion or agitation, deterioration of neurological function, repeated vomiting, seizures, severe/worsening headache, fluid discharge from the ears/nose, medical attention should be sought immediately! Also, if the symptoms don’t improve or new symptoms become present, the athlete MUST be seen by a physician.

- Following the diagnosis of a concussion or the suspicion of a concussion, the Athletic Trainer will contact parents/guardians to discuss the injury, review information provided by the Brain Injury Association of Vermont (see links below for students and parents), review immediate care, the next steps in treating the injury and the Return to Play (RTP) and Return to Learn (RTL) Protocols. See links below for students and parents.
- Athletes if in school will be required to check in daily with the ATC to give a symptom report until fully returned to play. If the athlete is not in school due to severity of symptoms, parents/guardians should call or email the ATC updates on the athlete, and if they decide to refer to their primary care physician. An Impact test will be given and The RTP Protocol can begin when the athlete has been symptom free for 24 hours. This can only be managed by the ATC. Please note that if an athlete is seen by a physician before seeing the ATC, the athlete will not be eligible to begin the RTP Progress until the diagnosing physician or primary care physician communicates to the ATC that the athlete is cleared to return to activity.
- The Athletic Trainer will also notify the school nurses and the counseling office to discuss the injury, symptoms and participation in the Return to Learn (RTL) Protocol. A student’s return to school following a concussion is an extremely individualized process. A concussion, no matter how mild it may seem, is a brain injury and can affect reaction time, balance, sleep, classroom performance and the ability to perform every day activities. Concussion management is best accomplished by good communication and collaboration among parents/guardians, the school, and the Athletic Trainer. Any classroom accommodations will be based on the RTL Protocol suggested by the Brain Injury Association of Vermont. See link ([http://www.biavt.org/images/RTLProtocol.pdf](http://www.biavt.org/images/RTLProtocol.pdf))
- When the athlete is symptom free for 24 hours and can be administered an IMPACT test scoring within normal range of their baseline, the athlete can begin the RTP Protocol administered and supervised by the ATC.

**Baseline Testing**

Baseline testing will be administered to athletes participating in contact sports on a yearly basis. Athletes will take an ImPACT (Immediate Post-concussion Assessment and Cognitive Testing) test which is a computerized concussion management system which establishes baseline scores for cognitive
functions such as verbal memory, visual memory, information processing speed, reaction time and impulse control. Concussion history and symptom scales are also established during this testing.

Once an athlete is symptom free for a 24 hour period the ImPACT test will be given and scores compared to the athletes baseline scores established pre-injury. The utility of the test is to enhance the clinical evaluation, not replace it, and along with standard concussion assessments and memory and balance testing, the ImPACT test a tool that can help identify a concussion and also help determine recovery.

**BUHS Gradual Return to Play Protocol Following a Concussive Injury**
Based on plan developed by Fletcher Allen Health Care Concussion Task Force in August 2010

- This plan will start only when the athlete has been without any symptoms for 24 hours AND can be administered an ImPACT Test scoring within the normal range of their baseline.
- This program will be administered and supervised only by the certified athletic trainer trained in the management of concussions
- There will be 24 hours between steps as symptoms may develop several hours after completing a step.
- Do not take any pain medications while moving through this plan.

**Step 1: Aerobic conditioning (could include walking, swimming, stationary cycling, elliptical, etc.)**
- Intensity/Duration: 4 out of 10, no more than 30 minutes
- If symptoms return, wait until you are symptom free for 24 hours then repeat Step 1.
- No symptoms for 24 hours move to Step 2.

**Step 2: Sports specific drills (i.e. skating drills in ice hockey)**
- Intensity/Duration: 5/6 out of 10, no more than 60 minutes
- No head impact activities. No scrimmages/potential for contact.
- If symptoms return, wait until you are symptom free for 24 hours then repeat Step 1.
- No symptoms for 24 hours move to Step 3.

**Step 3: Non-Contact training drills (more complex training drills, i.e. run specific pass routes in football)**
- Intensity/Duration: 7 out of 10, no more than 90 minutes
- No head contact, or potential for body impact.
- OK to begin resistance training.
- If symptoms return, wait until you are symptom free for 24 hours then repeat Step 2.
- No symptoms for 24 hours move to Step 4.

**Step 4: Full Contact practice (Must check in with Athletic Trainer before and after practice)**
- Only after medical clearance!
- No intensity/duration restrictions.
- If symptoms return, wait until you are symptom free for 24 hours and repeat Step 3.
- No symptoms for 24 hours, move to Step 5

**Step 5:** If ATC, who will make the final decision regarding the athlete’s RTP determines the athlete has recovered from the concussion, the athlete is fully cleared for return to play.
Emergency Action Plan

BUHS has established policies, procedures, and an organizational structure for response to emergencies. The Emergency Action Plan is a guide that will incorporates operating procedures from the Vermont Principal’s Association (VPA), National Athletic Trainer’s Association (NATA), BUHS Emergency Procedures, and governmental agencies for handling injuries, emergencies and other incident. These procedures are not exact, but serve as guidelines to what processes and procedures should occur during each situation. Each coach, as part of VPA-mandated CPR/AED training, also creates team specific EAP’s using the Anyone Can Save a Life Program. This team specific EAP is consistent with the BUHS EAP. All plans are a working document that will be reviewed annually.

VPA/Lightning/Heat/Cold Policy

The VPA has established policies regarding inclement weather which BUHS enforces. Regarding lightning, once lightning has been recognized or thunder heard teams must wait at least thirty minutes (thirty minute rule) before resuming activities. Any subsequent lightning or thunder after the beginning of the 30-minute count should reset the clock and another count should begin. When in doubt, use good common sense - the safety of the students is the most important responsibility.

BUHS Booster Club

We are pleased to have the support of the BUHS Booster Club. This organization exists to support and serve the extended needs of our athletic teams and student-athletes. In order for the Booster Club to best offer this support, coach and parental support of our Booster Club is of the utmost importance. We encourage all parents of athletes to get involved with the Boosters.

Banquets

End of the season banquets, celebrations, or “get-togethers” will be organized at the discretion of the coach.

Athletic Letter and Award Policy

Interscholastic varsity sports have varsity letter requirements that may be unique, and that are determined by the head coach. Letter policies for each sport will be provided either in advance or upon request by the head coach. Freshman, JV-B and JV athletes receive certificates of participation upon successful completion of the season. Athletes earning a varsity letter for the first time will receive a “B” certificate, the actual letter “B” and pin for that sport. Subsequent letters earned for the same sport are recognized with an additional pin for that sport. Captains will receive Star pins. Seniors completing a varsity season in good standing receive letters whether or not they complete the necessary requirements.
Senior Athletic Awards

Seniors who have successfully completed four seasons of participation in a particular sport will be recognized with a four-year plaque for that sport, presented at the team banquet at the end of the season.

The following awards are given at team banquets in the following sports:

**Football:** *Grey R. Goddard Football Memorial Trophy & Scholarship* to the boy who played football at BUHS and is going on to college; *Charley Sparks Award* for persistence and perseverance; and the *Lou Turner Award* for dedication and hard work in practice, games and in the classroom.

**Football & Baseball:** *Wally Carlson Memorial Award* for constant and conscientious effort in both sports.

**Boys Ice Hockey:** *Sherwin Award*

**Soccer:** *Wayne E. Colburn Memorial Trophy* to a boy or girl who in the eyes of their teammates and coach worked hard in the interests of soccer, promoted soccer at BUHS, showed concern for teammates and other individuals; showed good sportsmanship; and has been a team player.

**Track & Field:** *Verne L. Watson Cup and Award* given by the class of 1933 to the athlete who best exemplified sportsmanship and dedication in the pole vault, high jump, or hurdles; *Leroy Johnston Memorial Trophy* given by the class of 1945 to a boy or girl prominent in track & field who exemplified the qualities of dependability and good citizenship.

Several honors and scholarships awarded at Senior Awards Night and Graduation are based on athletic participation and excellence. Some awards are decided upon by the BUHS awards committee or outside groups, but the following awards are decided by the BUHS Varsity Coaches:

**Diedrich Stolte Memorial Cup**- Given by the class of 1929, to a boy and girl who has taken part in athletics and has won the respect and esteem of all with whom he/she has come in contact through his/her faithfulness, loyalty, and cooperation in sports for the interests of the school.

**Arthur J. Monroe Cup**- Given by the class of 1901 to a boy, who having maintained good scholarship rank, has participated successfully in at least two major sports.

**Principal’s Award**- to a girl for average or above average scholarship; Faithful persistence and improvement in athletics; Loyalty and cooperation in sports for the interests of her school. Must have a “C” or above average.

**Andrew Natowich Memorial Scholarship** awarded to a boy and a girl dedicated and passionate about their sports, both in practice and in games, who are coachable, respectful of their coaches, teammates and opponents; have played two sports for four years and upon graduation will be continuing their education.

NCAA and Collegiate Eligibility

Students may wish to participate in intercollegiate athletics after high school. The NCAA requires certain minimums on high school core courses, grades, and SAT/ACT standardized test scores. It is the responsibility of the student to monitor his/her status with regard to NCAA requirements. Questions in this area may be directed to the Counseling Department, or use the following resources:

For information about NCAA eligibility, go to:
http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA_EMS.html#

For a free copy of the Guide for the College-Bound Student Athlete, go to:
http://www.ncaapublications.com/productdownloads/CBSA.pdf
BUHS Communication Plan

Involvement in athletic activities will allow students to experience some of the most rewarding times of their lives. However, there will likely be times when things don’t go their way or they disagree with a coach. It is important that students and parents realize these difficult situations are as much a part of the learning experience as are the good times. Our coaches work hard to do the best they can for all of their athletes, and we ask students and parents to respect the fact that their decisions are often extremely difficult, and are made based on factors of which students and parents may not be aware. We strongly encourage the student, not the parents, to talk to the coach about any issues or problems that arise during the season. This is the most direct and productive means of communication, and also a valuable method of teaching responsibility.

We recognize that situations may arise where parents find it necessary to raise a concern, and we ask you to please adhere to the following communication guidelines.

Appropriate concerns to discuss with coaches:

- The treatment of your child, mentally and physically.
- Ways the parent can help the child to improve.
- Concerns about your child’s behavior.

Issues not appropriate to discuss with coaches:

- Playing time
- Team strategy
- Play Calling
- Other student-athletes

Protocol for registering concerns:

- Contact the Coach first. If you cannot reach him/her, call the athletic office and a meeting will be set up for you. When planning to meet or talk with the coach, please do so only with the child’s knowledge and after it is clear that the participant has been unable to resolve the issue to their own satisfaction.
- If the meeting does not provide satisfactory resolution, call to set up an appointment with the Athletic Director.

PARENTS SHOULD NOT ATTEMPT TO CONFRONT A COACH BEFORE OR AFTER A PRACTICE OR CONTEST. THESE CAN BE EMOTIONAL TIMES FOR BOTH PARTIES. MEETINGS OF THIS NATURE DO NOT PROMOTE RESOLUTION.
School Fight Song

O’er the stands in royal purple,
High School banners fly,
Cheer on cheer like volleyed thunder,
Echoes to the sky.
See! Our High School tide is turning,
Gaining more and more,
Then fight, fight, fight, for the purple and the white,
B.U.H.S. forever more!

Best of all we give to High School.
Hail, all hail, to thee,
May the lips of all your children
Sing the notes of glee.
B.U.H.S our alma mater,
Sound it o’er and o’er
Then join in praise, while we sing our serenade,
B.U.H.S. forever more!

Ever live our strong school spirit,
Bound by solemn tie,
May our best be none too little,
Here we’ll do our die.
One in heart with voices blending,
Sound it o’er and o’er,
Then join our throng, while we sing our happy song,
BUHS forever more!

O’er the stands in royal purple,
High School banners fly,
Cheer on cheer like volleyed thunder,
Echoes to the sky.
See! Our High School tide is turning,
Gaining more and more,
Then fight, fight, fight, for the purple and the white,
B.U.H.S. forever more!